

HARD COURT HERALD

VOLUME 26, ISSUE 4 MAY, 2011

What's Inside

- 3 MBCA Board
- 4 Gary Filbert obituary
- 7 This and That
- 9 Philosophies on Success or How to Get Rich Telling Others to Buy My Book
- 11 Coaches vs Cancer/MBCA Partnership
- 12 Man Makes Plans
- 15 Q&A With the Difference-Makers: Kevin McCarthy (Gateway AAU)
- 17 Is It Worth It?
- 19 MBCA Spring Board Minutes
- 24 What is Well-Coached?
- 31 The Coach's Clipboard
- 34 2011 MBCA Major Award Winners
- 37 2011 MBCA All-State Teams
- 47 2011 MBCA Academic All-State Teams



Stephanie Phillips

Mother, Wife, Daughter, Friend, Teacher and Coach

1974-2010

This season's editions of the Hard Court Herald are dedicated to our late MBCA president. Stephanie was an inspiration to everyone who knew her. We were all touched by her graciousness, enthusiasm and passion for life.

2010-2011 MBCA Board Regional Representatives & Officers

Region	Name	School	E-Mail
Central-Boys	Mike Arnold	Stier	coachmikearnold@hotmail.com
Central-Girls	Bobby Bangler	California	bobby_bangler@california.k12.mo.us
Kansas City-Boys	Gary Belcher	Kearney	belcher@mail.kearney.k12.mo.us
Kansas City-Girls	Herb Webster	Kearney	webster@kcr.com
HC Basketball Coaches Association	Scott Jermiah	Raymore-Peculiar	stermah@raymo-ck12.mo.us
Northeast-Boys	Neil Thomas	Palmira	thomas@palmirak12.mo.us
Northeast-Girls	Hristie Douglas	Midwest	hchristie@midwest.k12.mo.us
Northwest-Boys	Tim Jermiah	Jefferson	timjermiah@jeff12.k12.mo.us
Northwest-Girls	Brett Goodwin	St. Joseph Benken	brettgoodwin@stjk.k12.mo.us
Pituaia-Boys	Helen Walsh	Vernon	walsh@stvernon.org
Pituaia-Girls	Don Adler	Incarville-Ward	adler@wardstevy.org
St. Louis-Boys	Josh Martin	Hazelwood Central	martin@hazelwoodschools.org
St. Louis-Girls	Julie Mahery	St. Joseph's	mahery@stjosephscatholic.org
South Central-Boys	Bert Dembow	Osage	dembow@osage.k12.mo.us
South Central-Girls	Brad Conway	St. James	bradconway@stjames.k12.mo.us
Southeast-Boys	Darrin Scoble	Jackson	dscoble@jackson.k12.mo.us
Southeast-Girls	Neil Bradley	Park Hills Central	nbradley@parkhills.k12.mo.us
Southwest-Boys	Jay Osborne	Wbo	jayosborne@trivishschools.net
Southwest-Girls	Jeri Hopkins	Hikarri	hopkine@psmll.org
Beaumont Director	David Fox	Jefferson City	david.fox@jcs.k12.mo.us
President	Neil Hook	St. Joseph Central	neil.hook@stjck12.mo.us
President-Elect	Ryan Shaw	Pokati	rshaw@pokati.k12.mo.us
Vice-President	Bill Gurn	Kirkwood	billgurn@kirkwood.k12.mo.us
Treasurer	Tonya Miris	Hickman	tmiris@cumtck12.mo.us
Secretary	Jeri Hopkins	Hikarri	hopkine@psmll.org
Parliamentary	Jay Blossom	Webster Groves	blossomjay@psmll.org
College	Bob Burdard	Columbia	burdard@cdc.edu
Junior College	Randy Abrecht	Meramec	rabrecht@stjoseph.org
Missouri Challenge Tournament Committee	Derry Hunt	Bray	dhunt11@yahoo.com
	Mark Kemmerling	Sauannah	kemmerling@mail.sauannah.k12.mo.us
	Jacky Payne	Skyline	jpayne@skyline.k12.mo.us
	John Schaefer	Hikarri	schaefer22@hotmail.com
	Ryan Shaw	Pokati	rshaw@pokati.k12.mo.us
Associate Clinic Coordinator	Chris Nerf	St. Joseph Lathrop	chris.nerf@stjck12.mo.us
All-State/National/Academic Committee	Shawn Erickson	Festus	mbsa.stjck12@gmail.com
Webmaster	Jim Vaughan	Kennett	jvaughn6@hotmail.com
Newsletter Editor	Bill Gurn	Kirkwood	billgurn@kirkwood.k12.mo.us
Associate Newsletter Editor/American Cancer Society Liaison	Shane Matzner	Marquette	matzner@marquette.k12.mo.us
	Jerome Volpert	Unionberg	jvolpert@unionberghschools.org



Gary Filbert, basketball coach and pioneer of the Show-Me State Games, dies at age 81

By Joe Walljasper

Courtesy of Columbia Daily Tribune

Brian Filbert is an FBI agent, and for a short time he was stationed in Mid-Missouri. One day, he got a call about a bank robbery in Mexico, Mo., in which a bomb was allegedly planted in the bank.

Filbert pulled into the parking lot, full of adrenaline, and hustled up to the highway patrolman and police officer at the scene.

“I introduce myself,” he said, “and I got about halfway into it, and the police officer said, ‘Are you Gary Filbert’s son?’”

“I said, ‘Well, yeah, I am, but there’s a bomb in the bank.’”

That story sums up the impact and influence of Gary Filbert. His life always involved sports, but his real gift was connecting with people. In almost every nook and cranny of Missouri, there was



someone — and usually several — who knew and liked and would happily do a favor for the man. He had a knack for seeing the potential in people and putting that talent to good use.

Filbert died yesterday morning in his Columbia home at age 81. The cause of death was complications from brain cancer.

Filbert is best known as the man who guided the Show-Me State Games from its awkward beginning — when the event was jokingly called the “No-Show Games” — into the biggest state sports festival in the nation. That was just part of his legacy, though. He was a star high school athlete in St. Joseph, a basketball player at Missouri, a successful head basketball coach at Mexico High School and Missouri Western State College and an assistant coach under Norm Stewart at MU.

He started the Missouri Basketball Coaches Association, which is so vibrant today that it draws 1,000 coaches to its annual clinic. He helped get the Missouri Sports Hall of Fame off the ground, was inducted into the Hall and had an award named his honor.

“When you look back on his life, he had the ability to organize things and execute them and then continually improve them, which takes a person who can analyze,” Stewart said. “A lot of people can organize, a lot of people can execute, but a lot of people can’t analyze. Gary could do all three things.

“The other thing he could do is he had a great ability to pick the right people for the right job who could get it done. And he would let them do it. I always introduced him as the second Mark Twain in Missouri. He never painted a stroke, but the damn fence got painted all the time.”

Stewart noticed Filbert’s people skills right away. Filbert’s basketball career at Missouri was interrupted by a four-year stint in the Marines. When Filbert returned to school in 1952, Stewart and the other younger players called him “Pop” and were often on the receiving end of advice. He was a three-year letterman from 1953-55. After college, Filbert spent 14 years coaching at Mexico, where the court was named in his honor last season. He led Missouri Western State for 13 seasons and was an assistant coach at MU from 1982-85.

In 1985, an event called the Show-Me State Games was introduced. The first year, 600 athletes participated. The second year wasn’t much better. In 1987, Filbert was named the executive director.

“When I explain Gary, I say one of his greatest gifts was to allow people to fail,” said Ken Ash, who succeeded Filbert as executive director in 2002. “If you don’t allow people to fail, you also don’t allow them to succeed. I thought Gary put them in position where, if you failed or didn’t get it right the first time, he’d pick you up, dust you off and shoot you right back in there.”

Filbert used his vast network of contacts to round up corporate sponsors, commissioners, officials and volunteers. The number of sports offered grew. The participation level exploded to more than 30,000 annually. In keeping with Filbert’s shoot-for-the-stars philosophy, the featured speaker at the 1992 opening ceremonies was President George H.W. Bush.

“What he did was remarkable,” Ash said. “He took a real struggling program and made it the biggest program in the country, surpassing states that would seem to be impossible to pass, like New York.”

An offshoot of the Show-Me State Games was the Missouri State Senior Games, which Filbert competed in until the last year of his life. Although Filbert wasn’t known as much of a scorer while playing for the Tigers — Stewart said there weren’t many shots to go around after he took his share — his two-handed set shot made no concessions to age.

Filbert played with fellow retirees Dean Baxter and Bob Bryant in weekly 5-on-5 games in St. Louis well into his 70s. The trio met almost every Monday, Wednesday and Friday morning at Columbia College's Southwell Complex to compete in shooting contests with rules they made up on the spot.

"The one we always started with was called 'Five-Point Free Throws,'" Bryant said. "You got points based on whether you made it; whether it swished — I mean a real, honest-to-goodness swish; and if you could retrieve it before it left the lane without leaving the free-throw half-circle; also if it came right back to you so you didn't have to move, that was a point; and if it went through your legs without you moving, it was a point; and if you missed it, it was a negative point."

In July, Baxter served as the commissioner of the Senior Games' basketball skills contest and witnessed a remarkable performance. Filbert sank 24 of 25 free throws and 13 of 15 3-pointers. Three days later, he was diagnosed with a malignant brain tumor.

"We hadn't really noticed anything in his demeanor," Baxter said, "but looking back on it, he wasn't quite himself."

After surgery, Filbert tried to return to his favorite game.

"He just couldn't get the ball to the rim," Bryant said. "We tried to have him move in a little bit, enough to where we thought he could hit the rim. He'd move in but still couldn't get it to the rim. I think that exasperated him at first. He just knew it wasn't going to happen again. I think he tried it a couple of times, and then once or twice he just came over to be there, but that was about the end of it."

After Filbert's diagnosis, the awards and honors poured in. Among them was the National Basketball Coaches Association's Guardian of the Game award for growing the sport of basketball. Although the tumor was sapping his strength, he made an appearance at the Sprint Center in Kansas City during Missouri's game against Georgetown on Nov. 30.

"The thing I think about with my father is he was one of the few people I ever knew who got to live the life he wanted to live, from when he was in high school until he died," said Gary's eldest son, Preston Filbert. "He wanted to be involved in sports. He played various sports — his favorite was basketball — and he was able to stick with that his entire life. Very few people get to do the things they love their whole life."

Filbert is survived by his wife, Glenda Jo; daughters Laura Zacher, Lisa Filbert and Lydia Craft; sons Preston Filbert, Brian Filbert and Brent Filbert; and stepson Chris Boettcher.

This and That

By Shane Matzen

Hard Court Herald Editor

Marquette High School

By now, surely everyone associated with our association knows about the passing of Gary Filbert. I like to think that I write fairly well but inside this edition of The Hard Court Herald is a great tribute to the man courtesy of the Columbia Daily Tribune which outlines all of Coach Filbert's many accomplishments. Let me say a huge THANK YOU to Joe and his paper for allowing us to share it with you here.

All I can add to the story of Gary Filbert is that he treated me the same way that I have heard that he treated so many other people through the fabric of his life: with respect and an a special ability to make you feel important to him whether it was a short conversation or a life-long friendship. I have written in this space before half-jokingly about how Coach gave me this job and how it was such an honor and privilege to take over for him as the editor when I half-suspect that it was mostly a way to take something off his over-filled plate. Regardless, I enjoy doing it and have been blessed to be able to communicate with you, my colleagues, and hopefully helped Coach be able to attend other things that went on in his life.

My last time I really had an opportunity to sit down with Coach and enjoy some one-on-one time was at his home last summer on my way home from camp at the University of Central Missouri. He was in the beginning stages of dealing with his illness at that time so I had called ahead to make sure it was ok to visit him in Columbia and though I know he was fatigued he was enthusiastic when he told me to "come on"!

I had recently finished reading "True Sons: A Century of Missouri Basketball" and had particularly enjoyed the section on the 50s detailing Brewer Fieldhouse in all its glory, Sparky Stalcup, Norm Stewart and especially Gary Filbert and the famous, deadly two-hand set-shot. I wanted to know more about those days and I got an hour's worth of "inside scoop" from Coach Filbert that afternoon. What a special day for me that was, made even more special now knowing I won't get a chance to sit down and have that conversation again. That book is even more of a keepsake now knowing inside its pages scrawled across the picture of a young Gary Filbert is his signature and a kind note.

Gary Filbert will be missed but never forgotten by anybody with any link to this association for all he did for us.

Best wishes to David Fox and his new venture that he is already fully-enveloped in. David stepped down in March to take the position as Executive Director of the MBCA. Most of you know him as the long-time, successful head coach of the Jefferson City Jays and with us in the

association, serving as our great clinic coordinator. As someone who has had to sit on the wrong bench in so many of our contests with the Jays scoreboard-wise, I know next year will be very, very strange looking down that way and not seeing someone who to me IS Jays Basketball. He will be missed among many of us who used him as a role-model in our own careers. On the other hand, our association is going to benefit in so many ways having David as a truly full-time head of our group. I expect the MBCA will go above and beyond its already successful past down paths that many of us have not dreamed we could go.

I had the distinct pleasure to venture outside our state during spring break for a wonderful, 36-hour trip to the great state of Indiana. My parents and my two sons joined me for a trip through some of the greatest basketball sites, people and scenes you can imagine. I documented the trip on my online coaches show web-site (www.mustangmaniashow.com) where we visited:

- The legendary Bobby Plump (who made THE shot in 1954 to propel tiny Milan over huge power Muncie Central and who the movie “Hoosiers” was loosely based on) at his restaurant
- Historic Hinkle Fieldhouse on the campus of Butler University
- The now-famous “Hoosier Gym” in Knightstown where the fabled Hickory Huskers played their home games
- The largest high school fieldhouse in the world at New Castle
- The incredible Indiana Basketball Hall of Fame

If you get a spare 71 minutes to sit down and learn about hoops history, I highly encourage you to click on the link listed above and then find the episode entitled “Hoosier Hysteria”. If you’re into the past of our game like me, I think you will enjoy it.

Much thanks to my guest writers in this issue of the HCH: Perry Hunter (Head Basketball Coach at Henryville High in Henryville, IN who you will see as my guest at “Hoosier Gym” in the aforementioned snippet), Brad Oestreich of Raytown South and also to Mike Neighbors (Assistant Basketball Coach at Xavier University). They all provided thought-provoking themes that I think you will find interesting. Also, I would be remiss not to mention our Q&A subject for this edition, Kevin McCarthy and his Gateway AAU program for which I have a great relationship and wanted to show how that can manifest itself for the benefit of players who participate for both those programs and our high school teams. And, if that wasn’t enough, our regular contributor, Mark McLaughlin, very unselfishly opens up on a subject that’s affected him and is probably the toughest part of our profession: the loss of one’s coaching position.

Finally, as is habit this time of year, let me recommend some places to take your teams this summer. I know there are a lot of great places to go play but I keep going back to these because they meet the criteria of facilities, competition and price for us:

University of Central Missouri (June 23-25) www.ucmo.edu, Central Methodist University (various dates) www.centralmethodist.edu & Murray State (June 10-11) www.goracers.com

Philosophies on Success or How to get Rich Telling Others to Buy My Book
By Perry Hunter
Henryville (IN) High School

I read a lot and many of the books I read are about how to be a successful person/coach/teacher, just fill in the blank. There are a couple of things I have noticed.

The first is that often these books on success are written by successful people. Those people who have won awards or championships have written these books and people want to buy them. Who wouldn't? I mean they have won what I want so I will read their book and find out their "secret". What I find, and I mean just about every time, is that they claim that winning championships or awards or titles is not what it is all about! I believe them but how easy is it for someone who has won what the world thinks is important to claim that it isn't....important?

The reason anyone is listening to them and buying their book is because they have won what we want. They have made it to the top of the mountain we want to climb and then while standing up there is telling us the view isn't that good. That we need to do what we do for different reasons, again, I agree, but it is easy to make that assessment while standing on top of the mountain. I have found that while reading these books that the people who have made it to the top and are claiming that is not what is life is about made their way to the top with a laser focus to get to the top.

The second thing I have noticed is that most of the things these people do to be successful are similar. Most of them do similar things. Get up early, put more time in, have a positive outlook, self-motivation, etc. So, if these are the keys and if everyone is doing what the successful people told them to do to be successful why are we not all successful then?

I will tell you why. First, most people who read these books lack probably the most important thing that is needed to be a success. It is self-motivation and well, mental toughness, because to me mental toughness is everything. Most people read these books and change for a short time but don't do what many of these books say must happen...the change must become permanent, a habit. So, we continue to buy these books on success making the successful more successful all the while not following their advice.

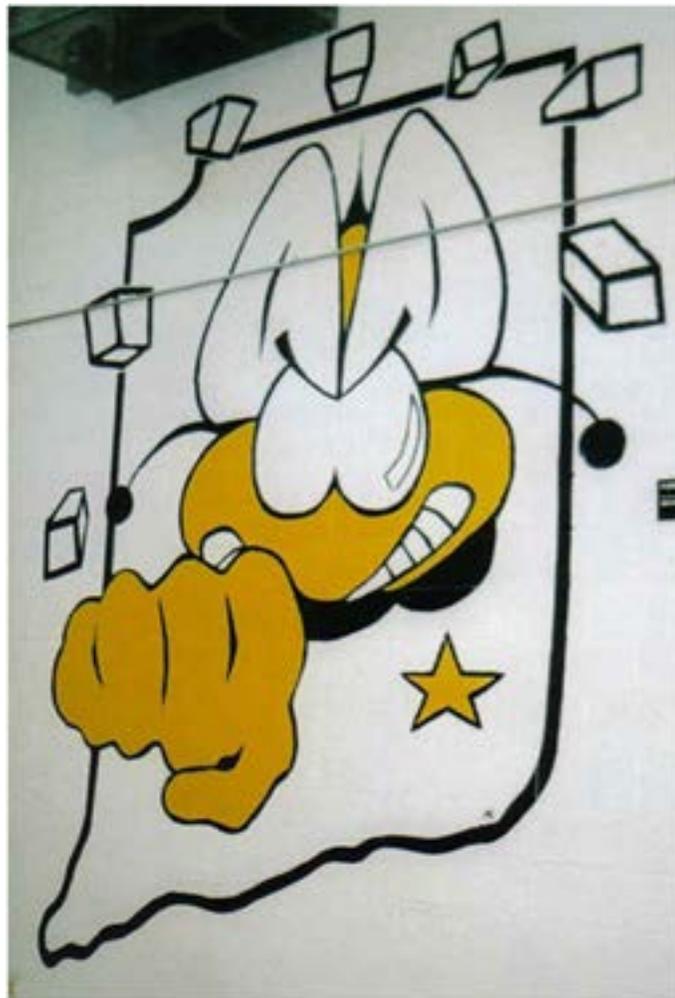
My final point, however, kind of goes back to the first point. Success is NOT about standing on top of the mountain (easy for a guy who hasn't been there, huh). It is about making a positive difference. It is about the relationships that you make along the way. It is about helping others and if championships and awards come with that, so be it.

Success is about making the big time where you are. It is about pulling people up and making them better. It is about being a better person, father, husband, coach,

teacher, son, uncle. It isn't about being "Father of the Year", the title. It is about being "Father of Madison and Brandon" and hopefully developing them into positive people who will pass it on.

It isn't about being "Coach of the Year", it is about being the best possible coach of the team you have right now and making them better players and people who will make a difference in the world.

Finally, the most successful people you will find often aren't those who are standing on top of the mountain that everyone else is looking at. They are people who are standing on top of the mountain that is often not seen as a mountain to conquer. They are people who will live, fight, and die making a positive difference and many of us will never know their names and to them I want to say "thank you" for all you do without being recognized with worldly awards.





Coaches vs Cancer / MBCA Partnership



NEWS AND NOTES

Coaches vs Cancer & MBCA Join In Partnership

The Missouri Basketball Coaches Association, American Cancer Society, and Coaches vs. Cancer joined up in a partnership last October in the fight against Cancer. The partnership will be beneficial for both organizations and will help member schools stay informed with different ways they can be involved in basketball's fight against this deadly disease.

Paint It Pink Initiative Sees Rapid Growth In State Of Missouri

The "Paint It Pink" initiative is the Coaches vs. Cancer fundraising initiative used with Missouri High School Basketball programs. Schools across Missouri who participate pick a single game as their "Paint It Pink" game. Schools work to sell pink t-shirts and raise funds that go directly to Coaches vs. Cancer.

Participation this year in the state of Missouri has grown over 150%. Schools across the state participated in this program this year by contacting the ACS office and receiving a start-up packet for their event. In St. Louis, donations are closing in on \$50,000 with many schools still sending their donations in. In Kansas City, they are approaching \$25,000 raised, however there are many more schools that still need to turn in their donations.



The Griffin statue at Vianney dons a pink scarf for the Paint It Pink event.

In St. Louis, the following schools raised over \$1000 this year (many of whom surpassed the \$2500 mark): Vianney, Parkway South, Lindbergh, Mehlville, Duchesne, St. Clair High, Fort Zumwalt North, Fort Zumwalt East, Fort Zumwalt South, Troy Buchanan, Silex R-1, Cuba, and Fox. This year's top fundraiser was Vianney High School in St. Louis.

In Kansas City, with the help of local sponsor Chick-Fil-A, the Liberty North and Liberty high schools' men's basketball programs were able to send a check for \$2,817.42 to the American Cancer Society, surpassing the goal of \$1,000 per school. To get involved in the "Paint It Pink" initiative for next year, contact Jason McClelland at the address at the



Coach Roger Stirtz of Liberty sports his tennis shoes at their Paint It Pink night.

bottom of this page.

Legendary Coach and Cancer Survivor Presents at MBCA Fall Clinic

At the MBCA Coaching Clinic last fall, legendary coach Don Meyer from Northern State University spoke about basketball, life, and told some great stories. His inspirational speech made us all laugh and think about basketball and life. His book, How Lucky Can You Be (written by Buster Olney), is a must buy for all coaches. To see more of his stories, advice, and download his handouts, visit his website – www.coachmeyer.com

Shootouts Promoting Cancer Awareness In Missouri Growing

The Coaches vs. Cancer shootout in St. Louis will be entering its 3rd year next year as teams are starting to be put together for the lineup. An additional game will be added next year to the slate of games played at the Chafeitz Arena in St. Louis. The Norm Stewart Classic in Columbia will continue as well next year as an MBCA Coaches vs Cancer event on Dec. 3rd & 4th. This years event will feature 10 games on the campus of Columbia College, Columbia Mo. The past 2 years we've raised over \$5000.00. These two events have started to spawn other cancer awareness shootouts around the state of Missouri. On January 21st next year, the inaugural Gary Filbert classic will be played at Mexico High School on the Gary Filbert Court. The event will feature four to six games. In Springfield, MO works are in the process to have a similar event down there named after the late Stephanie Phillips (former Kickapoo girls coach and MBCA president).

St. Louis CvC Chapter To Host Coaches Roundtable At 2012 NCAA Regionals

At the NCAA Regional Final in St. Louis in 2012, the Coaches vs Cancer chapter committee in St. Louis will be hosting a coaches roundtable for high school and college coaches. This event will be similar to the one that was held at the Final Four in Houston this year. Details are currently being worked out, but it should be a great event for all Missouri basketball coaches to attend. Stay tuned for details or visit the CvC St. Louis website.

www.coachesvscancerstlouis.org

For more information regarding Coaches vs Cancer and the partnership with MBCA, contact Jason McClelland, 4207 Lindell Blvd, St. Louis, MO 63108

Man Makes Plans...

By Mark McLaughlin

Missouri Magic

We're on the move again, like a lot of coaching families who didn't come out as well as they hoped when the Board at our school convened and decided we hadn't done a good enough job.

Both myself and our girls basketball coach were let go March 17 at our Board meeting, and while I had the opportunity to return to our school and teach and my wife was re-contracted in the same school, the idea that we were "good enough" to teach but not good enough to coach didn't sit right with me. It told me, after praying about it, that it was once again time to go.

I've been here before. I know unquestionably that I put a lot into the Madison schools --- time, passion, love of my players and committed myself to the people here with heart and soul. But where that "bad news" crippled me in the past and cut a hole in my heart, this time, I haven't let it affect my confidence, or self-regard, or belief in myself.

I planned to return next year, organized a league, built a summer schedule, and was fully prepared to execute it. It worked very well a year ago, and I was ready to take our program to the next level.

I made my plans and cast my bet, and without knowing it, I didn't hold the winning hand in a small game of high-stakes poker.

After I adjusted, I knew it was time to job-hunt again, and quickly found myself applying for good jobs that interested me. I interviewed in three or four different schools, and then found the one that seemed to work best for me.

As each call came telling me I'd finished second, or third, I recognized that I interviewed well, could do the job that was put before me, and that I had a good "plan", but in each case where a door was shut, as I learned who got the job, I nodded and thanked God for blessing me.

God's greatest blessings, at times are the way in which he answers your prayers ... "No" is not a repudiation of your faith, nor a smack down of your skills and abilities or what you'd bring to something you asked God to favor you in and towards.

"No" is the ultimate blessing a person of faith can receive. I thank God for *unanswered prayers* and for 6-1 negative Board votes against me, because they mean that "while I make my plans, **God plans my steps.**"

As much as my ego would like me to believe that I was destined for that "really great basketball job" I'd always wanted, perhaps God had *other* plans to send me somewhere where I was really needed --- maybe to coach basketball, maybe to teach kids, maybe to counsel them, but without a doubt, *for sure*, to go somewhere and make a difference.

Anointings of God are often missed for their significance as people whose faith waivers may feel like they're being forced to "settle" for something less than what they feel they're entitled to.

I'm old enough to know and hopefully, *wise enough* to recognize that I am not unique among coaches. I feel like I've become a strong basketball coach, an outstanding teacher, and a solid game coach. I

believe I could walk into just about any basketball program in the state of Missouri and make it better, teach kids about the game and about life, and help cultivate a young leader somewhere that can go and change the world.

So, this next chapter starts in our life. It means a big time move, far, far away from an aged parent and kids and grandkids to an area both unfamiliar to us, and remote. It's far, far away from anything that we know.

It will be my wife and I against the world. We have friends, however, patrons in the communities where we are going who have already shown faith in us. I believe these relationships will become friendships of deep and abiding depth. While there will be things we don't care for about our new circumstances, we're both open to the idea that something great can happen there that will bring us together as a family, that will challenge us professionally, and kids who have absolutely no idea just how much we're going to impact their lives when it's "wheels down" in Theodosia, Missouri.

We're up to that, and ready for it. The kids we leave behind leave a hole in our heart, because they are kind, hard-working and really dear to us. We've given them a foundation in two academic disciplines and a sport that they will understand and recognize after we're gone. We wish them, and our successors nothing but the very best.

To all coaches out there who are moving to somewhere new, whether they want to or not, let me give you a little bit of advice.

My father told me once that "if you're waiting for someone to tell you that you've done a good job, you're in for a long wait." My father coached at Oklahoma A & M University under a guy by the name of Henry Iba. He carried the lessons he learned from that giant of a man through his entire life.

Resolve yourself to the fact that your next job will happen because you're supposed to be there, and because someone bigger than you is at the wheel of your life. You need to open yourself to the deafening sound of silence, a quiet time where you reflect and pray that the school you sign on with, the classes you teach, and the kids that you coach is in line with the plan that God has for you.

I've tried to do it on my own. As capable as I am, I'm still a miserable steward of my own time, and talents and faith. I'm off base when I take a Manifest Destiny approach that suggests to the world that I'm on a mission from God.

This "setback", if you call it that, disavows the hand of Divine Providence in my life. The final line of the Declaration of Independence stated the belief of the Founding Fathers that the course they followed would put their faith in control of their actions.

They said, "With a firm reliance on **the protection** of Divine Providence, we mutually pledge to one another our lives, our fortunes and our sacred honor."

I truly believe that it is not important that God is on my side, but like Lincoln observed, essential that I am on God's side.

This may not seem like the musings of a discarded coach railing against the stupidity of a clearly misguided school board. It may not sound the siren wail of righteous indignation that I didn't get the chance to finish what I started.

I know what I accomplished at Madison, and I'm proud of it. I am ashamed of nothing. But I know and believe that what *is to come* is far important than what is behind me. I have never moved on from one position to another that it was not a blessing to me, and that it was less than a better situation than I left.

So shall it be here. Coach...Get back up, dust yourself off, and move on with *confidence* to that next assignment.

There are kids there that need you. And there's nothing more important in the world than that.



Q&A With the Difference-Makers



KEVIN McARTHY
Gateway AAU Basketball

A graduate and member of the Fox High School Hall of Fame, Kevin McCarthy now serves as the 17U Head Coach within the highly-successful Gateway AAU program based in the St Louis area. While Kevin is employed with the Pfizer/Wyeth corporation in the vaccine/pharmaceutical division, he has used what spare time he has from that position to be fully-engaged with AAU hoops for the past dozen years and for the Gateway high school level these past five. A highly-successful prep and college career (after Fox, Kevin earned several honors including being named All-American at his final college stop at Christian Brothers College in Memphis with stops at Jefferson and Meramec Community Colleges along the way). That love of the game translated into his present position with Gateway. Kevin and wife, Lynn have three sons: Cory, Ryan and Connor.

HARD COURT HERALD: *The "AAU vs the High School Program" has become a big topic in today's game. From the AAU coach's end, can you give some examples you've seen that has maybe fueled this debate and split the two parties?*

KEVIN McARTHY: I have heard horror stories about other organizations but I can only speak about the Gateway Basketball Club. We try to make it as smooth as possible for the AAU coach & High School Coach to co-exist.

HCH: *Given your answer in the first question, what are some things that you do from your end and what are some things that high school coaches can do to make sure that the player in question playing under both programs can benefit the most?*

KM: We communicate with college coaches, high school coaches, players & parents so everyone is on the same page concerning the recruitment of a high school student athlete. When we are contacted by a college coach we always call the high school coach to get them involved in the recruitment process. The process may involve setting up open gyms at high school facilities, unofficial & official college campus visits, discussion about scholarships athletically and academically and educating the players & parents in this process. The goal in this process is to have everyone involved to achieve an athletic or academic scholarship for every member of our 17U basketball team whether it be Div I, Div II, NAIA, Junior College or discussions about Div III financial & academic aid. We believe there is a place for every player on our team.

High school coaches can also assist the player in this process. I have worked closely with a lot of our player's high school coaches. We encourage them to also reach out & contact college coaches about their players & to assist players with getting game tapes from high school games and assist them with the recruiting process. Our goal should be for the AAU coach & high school coach to work together to help the student athlete play at the next level if they wish to. It really shouldn't matter who gets credit for this process as long as the player achieves his goal.

HCH: *"Too many games, not enough practice." This has become a blanket statement from those coaches that decry the AAU game. Is this a legitimate complaint? If so, what do you do in your program to make sure your players are developing their skills properly?*

KM: Some AAU programs just roll the ball out and expect their team to win on talent alone. I am a big believer in having my team prepared for any game situation and strongly believe in a structured practice. My coaching philosophy is to spend some time on individual development whether it is ball handling, shooting, defense or basic basketball fundamentals. Players are not going to learn anything new playing in 4-5 games a day; the fundamentals that they learn in practice is what they can apply to games. Gateway promotes having a positive attitude, playing as a team & trusting your teammates. By achieving those goals, we are able to compete at a national level and gain the proper exposure for all of our players to reach their dream of playing at the next level.

HCH: *"The try-outs are bogus." This is another common gripe, usually from the parents' end of things. Have you witnessed this phenomenon and again, with your program, what do you do to alleviate that concern?*

KM: *Gateway holds tryouts each year for 15's, 16's & 17's. New teams are created at the 15U level and players are added at the 16U & 17U level so by the time the players reach the 17U age group there may only be a few players that will be needed to complete a roster. You still want to have tryouts to attract top local talent to improve your team. We want to give everyone a fair shot. As an organization we are always looking to improve our team by adding pieces of the puzzle that were missing from the year before. In the past Gateway has added additional teams because of a surplus of talent in a specific age group.*

HCH: *With the current state of affairs where AAU events (lots of players in a central location in a concentrated time-frame) are really the most reasonable place for lots of colleges to see players and thus, gain a real and legitimate pedestal of importance in our sport....give our readers an idea of the amount of time and preparation that the AAU coach/director puts in during the year (both in and out of season).*

KM: Tryouts are held in March after the high school season has ended. Scott Schroeffer and Dave Peeters (Gateway Directors) are busy all year preparing for the next Spring/Summer season. This includes fundraising, obtaining gym time for tryouts & practices and also setting up competitive schedules for each player to get maximum exposure. As a coach, our season begins at tryouts and our exposure tournaments conclude at the end of July. We usually have two practices a week and play approximately 10 tournaments. Most of these tournaments are out of town so coaches take vacation days from our daily jobs to attend these tournaments. All of the coaches at Gateway are volunteers and we are doing this because we love the game of basketball & want the kids to succeed. Even though tournaments conclude at the end of July, our job is not over. We continue to work with college coaches, player's high school coaches and parents to continue promoting our players so each player will hopefully achieve their goal of playing at the next level.



IS IT WORTH IT?

By Brad Oestreich

Raytown South High School

It was another hot and humid August day in the south as I drove into the familiar coaches' parking lot. The hard work that was put in this summer at the school was obvious as new paint covered the graffiti on the walls, new glass panes replaced broken windows and trash had been removed. As I made my way to my classroom, familiar teenage faces greeted me with hugs, high fives and "what's up coach." I greeted fellow teachers with a hand shake and a "good morning, happy you're back" as the teacher turnover rate at this school was over 50%. This large (2000 students) urban school, described by many as tough and "ghetto," was going to be home away from home again for the next nine months as it had been for the last 5 years. **IS IT WORTH IT?**

The first day proceeded as usual in math class until the fifth period of the day. As I was greeting my next class of students, an athletic looking African American male who I didn't recognize entered the room. I said, "good afternoon," asked for his name, and being the coach that I am, asked "do you play ball?" He responded with a "yes sir" and made his way to a desk. I quickly asked one of my players who was also in my fifth period to come up to my desk. He already knew what I was going to ask as he responded before ever being asked, "He can play coach." Another quality sophomore transfer, just what the program needed. **IS IT WORTH IT?**

The year proceeded as usual. There were daily trials and tribulations, but nothing out of the ordinary for a teacher who had been at this school for several years. The team had another successful season and the transfer student quickly become the transfer player and my title in his mind went from Teacher to Coach. He was a good ball player that seemed to have it all together as his GPA was around 3.0. As summer break arrived, I said my traditional good-byes and let my players know when summer workouts were going to be. I felt strongly about keeping in touch with the players during break to build the trust that was required to succeed at this school. **IS IT WORTH IT?**

It was a Wednesday night in July and my wife and I were at the softball field. At that time, I still thought I was an athlete and softball was one of my sports. During the game my wife yelled at me that I had a phone call. Being a coach's wife for many years, she knew not to interrupt an athlete during a game unless it was an emergency, so I knew when she yelled that it must be important. Upon approaching her, she covered the phone and said, "It's one of your players and they say they need you." I grabbed the phone and began the conversation. It was the transfer player on the other end and he said he was hungry and hadn't eaten for some time. He wondered if I could come by his apartment and get him something to eat. I ended the conversation with, "I'll be right over, be outside when I get there." I knew before going to his apartment complex that at this time of night, in that neighborhood, not everyone was welcomed, especially not a "white family," but most of the people knew my vehicle as coach and with my player standing outside, I would be fine. On the drive over, the conversation between my wife and I dealt with my responsibilities as a teacher and coach but, upon arrival my wife

had made the decision to have him pack a bag and spend the night with us. As the transfer player entered his apartment to pack, my wife and I followed. Entering the apartment was an eye-opener. The living room had a white plastic lawn chair and a small television on the floor. Curiously snooping through the kitchen while he packed in the back bedroom, we found one bowl, one spoon, an empty cereal box, an empty refrigerator and nothing else. We stopped at Whataburger to fill his stomach with a double Whataburger and fries as we made our way to our suburban house. As the midnight hours approached, the transfer player and I sat on our porch swing and discussed his situation. I never thought that this phone call would change my life forever. **IS IT WORTH IT?**

That night on the porch swing became days, then weeks, then months and eventually years. Without getting into specific details, the transfer student's father had never been a part of his life and his mother had left over a month ago and he was doing whatever he needed to in order to survive. That one night he was at a crossroads, and fortunately for me, he chose to call the one person he could trust to help him make the right decision, his coach. The late night conversations on the porch swing were educational for both of us. I tried to help him understand his mom's decisions, and he helped me understand what it was like to be a poor, abandoned, African American male living in the "hood." There were many heated conversations as I was trying to instill the morals that my family lived by, and he was trying to adjust to living in a slow-paced suburban community. Needless to say, school for us didn't end when the final bell rang, it really began. As the years passed, the titles of Coach and Miss faded into Dad, Mom, Little Sister and Little Brother and the title of transfer player faded into Son. Upon graduating high school with a 3.0 GPA, my Son signed a college scholarship to play basketball. **IS IT WORTH IT?**

It's now been over ten years since that phone call, and my Son is now a man. He has a beautiful little girl of his own and has made Dad, Grandpa. He graduated college with a bachelor's degree in Recreation Management and now is a manager at a local recreational center running a youth summer program, as well as, being his Dad's assistant basketball coach. When asked, "Why did you choose coaching," he will answer with no hesitation, "Where would I be without my coach?"

IS IT WORTH IT? Every second!



MBCA EXECUTIVE BOARD MEETING

March 12, 2011

Meeting was called to order at 11:00 by President Neal Hook

- President Hook welcomed the executive board and representatives. He also welcome representatives from MSHSAA who spoke on the following items:
 - On the ballot this year – allowing players to play six (6) quarters per night.
 - Bill 37 – Home School/Dissolving MSHSAA bill – discussion on this went many directions – advice to board: talk to representatives and administrators about this bill and speak up.
 - Bill 67 – Transfer Bill – any student may transfer from parent to parent, in different districts, and be eligible. Board hopes this will not pass.
 - Also discussed, when a tournament game is played and then weather, or other unforeseen issue, cancels the rest of the tournament, a team may schedule another game if they have a 16-4 or 18-2 schedule format. This also includes canceling of the consolation bracket.
 - Also on ballot this year, moving practice back one week and switching state finals for classifications.
 - He also covered the new football format.
 - MSHSAA Advisory Board meeting – Friday, April 15th

- Jeni Hopkins reviewed the minutes from previous minutes

A motion was made to accept the minutes provided...

Motion Made	Ryan Shaw
2 nd	Herb Webster
Approved	All

Treasure Report – Tonya Mirts

- Coach Mirts gave a detailed review and update on our financial status. She reviewed the old account and new and provided handouts.
- Coach Hook informed the board that we are now a corporation are in the final process of obtaining tax exempt status.
-
- *A motion was made to apply and use a credit card from US Bank...*

Motion Made	David Fox
2 nd	Ryan Shaw
Approved	All

- Questions were answered about the report.

- *A motion was made to accept the treasure's report...*

Motion Made	Gary Belcher
2 nd	Bill Gunn
Approved	All

Committee Directors

- Coach Hook took a moment to recognize and compliment the board on a tremendous effort this year during this time of transition and applauded the overall efforts of everyone.

Membership Report – Shawn Erickson

- Coach Erickson reported that we currently have 1273 members. He would like to have suggestions on more efficiency in our record keeping for awards and nominations. Bill Gunn suggested GoogleDocs. He was complimented on his work this season.

Clinic Update – Dave Fox

- Clinic date for next fall is October 6th and 7th at Columbia College. Coach Fox updated possible speakers and asked that the board give him suggestions on improvements. He is revamping the sponsorship system.
- He complimented the relationship with Columbia College.

Norm Stewart Classic – Dave Fox

- All money that is profited goes to the American Cancer Society. With the partnership with Coaches vs. Cancer, Coach Fox has organized the Gary Filbert Classic to be played at Mexico High School on January 21st, 2012.
- *A motion was made to have the week of January 21st the official MBCA Coaches vs. Cancer week where all coaches will coach in tennis shoes...*

Motion Made	David Fox
2 nd	Ryan Shaw
Approved	All

- It is also going to be explored to get involved with the Stephanie Phillips Classic in coordination with Kickapoo High School

All-State Selection – Shawn Erickson

- Updates – the selection committee decided to go from a 15 member team to a 20 member team. All members seemed to agree to this change. Responses from districts and representatives have been better.
- Selected Coaches of the Year – highest finisher that is a member. See Coach Erickson’s list for final list.

Mr. and Miss Show-Me/Other Awards

- Committees were given nominees to evaluate by Coach Erickson.
- *A motion was made to name Mary Arnold from Branson Assistant Coach of the Year...*

Motion Made	Herb Webster
2 nd	Brad Conway
Approved	All

- *A motion was made to name Brandon Coleman as Student Assistant Coach of the Year...*

Motion Made	Shane Matzen
2 nd	Tonya Mirts
Approved	All

Missouri Challenge – Ryan Shaw

- April 29-30 at Drury University – this partnership has guaranteed a \$5000.00 profit. Insurance must be explored.
- Nick Kimberling is in charge of making sure representatives find coaches and put teams together.
- We will receive all gate receipts

Hall of Fame – Ryan Shaw

- Coach Shaw reviewed nominations – board voted – see Coach Shaw’s final list of inductees to be released.
- Award show will be Saturday, April 30th at 1:00 at the Hall of Fame. Inductees will also be recognized at halftime of the Championship game of the Missouri Challenge.

Academic All-State – Shawn Erickson

- See Coach Erickson’s final list.
- Banquet will be Sunday at 1:00 at Drury’s new arena’s banquet room. Catering services are cheaper than in the past.
- Hotel deals were provided by Clarion Hotel and less expensive than in the past.
- *A motion was made to ask Edsel Matthews to be the guest speaker at the banquet...*

Motion Made	David Fox
2 nd	Tonya Mirts
Approved	All

NCAA Final Four – Dave Fox

- Friday Night the MBCA will host a hospitality room at the Hilyard American in room 335.

Sponsorship Report – Jason Wolford

- Coach Wolford reported on progress with Coaches vs. Cancer – all well and moving forward.

Hard Court Herald – Shane Matzen

- Gave an update – all is well – no financial support is needed at this time.

Website Report – Bill Gunn

- Gave an update – all is well – no financial support is needed at this time.

New Business

- Executive Secretary Position
 - President Hook discussed the position and informed the board that we need to shared ideas on how to move forward with this transition.
 - President Hook informed the board that David Fox was interested in the position and details of this partnership were discussed. The board was unanimous in approval and compliments this direction.
- *A motion was made to appoint David Fox as Executive Director of the Missouri Basketball Coaches Association and change the title from Executive Secretary to Executive Director...*

Motion Made	Herb Webster
2 nd	Shane Matzen
Approved	ALL

- *A motion was made to also induct David Fox into the MBCA Hall of Fame...*

Motion Made	Jay Osbourne
2 nd	Shane Matzen
Approved	All

- *A motion was made to induct Stephanie Phillips into the MBCA Hall of Fame...*

Motion Made	Shane Matzen
2 nd	Ryan Shaw

Approved	All
----------	-----

- During this discussion, David Fox was not present. He was invited back in and welcomed as our new Executive Director with a standing ovation!
- *A motion was made to compensate Shawn Erickson for all of the paperwork he completed this season. The amount suggested was \$2,000.00...*

Motion Made	Jay Osbourne
2 nd	Bill Gunn
Approved	All

- A check was presented with enthusiasm and gratitude to Shawn Erickson.

New Executive Director, David Fox, addressed the board asking that an Executive Committee be formed to meet more than a few times a year. He would like that committee to include: Executive Director, President, Past-President, President-Elect, Treasure, one Girl's Representative and one Boy's Representative.

- *A motion was made to accept Coach Fox's proposal as stated above...*

Motion Made	Shawn Erickson
2 nd	Kevin Walch
Approved	All

A motion was made to adjourn the meeting...

Motion Made	Jay Osbourne
2 nd	Bill Gunn
Approved	All

Meeting adjourned at 2:07 pm

Recorded by Jeni Hopkins



WHAT IS “WELL-COACHED”?

By Mike Neighbors

Xavier University

Assistant Womens Basketball Coach

GOOGLE search the phrase “well coached” and you get “about 2,650,000 results (in .025 seconds)”. Those results will vary from LeBron James talking about the Boston Celtics to the *Idaho State Journal* speaking about a local high school game team to a soccer match in Equatorial Guinea. The stories will mostly be one coach talking about another coach or team. They are either preparing to face them in a game or have just done so. Turn on ESPN Game Day and you’ll hear the phrase in every pre-game and post-game interview of coaches. While the stories and accounts will vary, the one constant is that one particular coach is paying the other a tremendous compliment by stating they are WELL COACHED.

As a young coach at Bentonville High School, WELL COACHED was the ultimate compliment in my coach-speak vocabulary. Anytime I spoke of a Charlie Berry, Mary Frances Kretchmar, Sandy Wright, Merrill Mankin, Bobby Smith, Janet Wood, Rickey Smith, or Clay Reeves coached team, I would say how WELL COACHED they were. I would tell every reporter in my best coach-speak about how prepared and disciplined they would be. I would go on and on about how fundamentally sound their players were and how difficult they would be to defeat. I would say all those things meaning every single word about their coaching excellence. But to be really honest, I also said them hoping they would say the same about me and my team in return. But, it never happened. Not once. Not a single mention. Not a single “well coached” about my team. I kept thinking to myself, “here I am complimenting all these other coaches and not one single time do they say WE are well-coached.” And after a year or so I figured out why. We weren’t well coached. My players weren’t well coached. We weren’t even close.

That realization hurt at first. It stung to admit my team was not WELL COACHED. But I wanted that compliment. I wanted it for my players and I wanted it for me. After I got over myself, I realized my efforts though well intended were focused on the wrong things. I had to make some changes. So, the following summer we took our teams to the exact same team camps that those well-coached teams regularly attended. If Northside, Prairie Grove, Greenland, Mountain Home or Southside was camping there, so was Bentonville. While my players all thought we were there for the games, I was actually there watching the other WELL COACHED. Watching them get on and off the bus. Watching them in the cafeterias. Watching them in the dorms. Watching them interact with parents. Watching them in huddles. Watching them meet after games. Watching them watch other teams. Watching their coaches manage the game. Watching their coaches in between games. Watching their best players and the coaches every move.

That summer I was witness to many qualities of those WELL COACHED players and teams. I jotted them down on the backs of game schedules, pizza napkins, and hot dog wrappers. I saw a coach that was disgusted with his teams play that day drive them to a local Wal-Mart and buy them plain white t-shirts to wear the next day at camp because he didn’t want anyone else to know where they were from. I saw a coach toss a 2nd place trophy out the door of the bus as they were loading up to go home because 2nd place trophies shouldn’t be celebrated. I saw a coach ask a camp director for a rubber ball and directions to an outdoor court because they needed extra practice before their next session. It was the best summer of my professional career. Our team played a ton of games and more importantly I learned what they really needed. They needed to be and they deserved to be well coached.

Since that summer over 20 years ago, I have matured and changed coaching offices at least a dozen times but I still find myself observing other WELL COACHED teams and have been taking notes to stuff in the very same file that I started back in Bentonville. This July I began trying to organize some of those thoughts to once and for all develop my own definition of WELL COACHED. I think I finally have. Rather than share it now, I want to share with you some of the things that led me to my definition and some

things other coaches have shared with me. A year ago I asked the Newsletter group to share with me what they meant when they used the compliment WELL COACHED... Below are some who shared...

Sherry White is currently head coach at Fort Smith Southside. She has 6 State Titles on her resume and countless WELL COACHED compliments...

- 1) disciplined on both ends of the floor
- 2) patience on offense
- 3) well developed fundamentals
- 4) Look like athletes with good stance, butts down, active hands, triple threat
- 5) execute during crunch time

Nathan Morris is currently head coach at Lonoke High School. His teams are a perennial powerhouse and play into the last weekend of the season yearly...

- 1) have players who can't be screened

Mike Green a legendary coaching icon from Prairie Grove who has forgotten more about basketball than most of us will ever learn...

- 1) players that have bought into the coach and the system

Landon Wilkes coaching in Michigan...

- 1) disciplined regardless of situation

Bryant Turney coaches at Searcy HS...

- 1) under control emotionally
- 2) don't react to officials
- 3) stick to a game plan
- 4) work on their own
- 5) are disciplined during warm-ups and timeouts

William Rountree of Carlisle HS and almost as many other coaching offices as me...

- 1) withstand early momentum swings
- 2) don't beat themselves with excessive turnovers or silly fouls
- 3) win more than most in close games
- 4) are sound defensively

Jason Smith currently winning at the highest levels at Nettleton HS...

- 1) organized
- 2) fundamentally sound
- 3) knack for taking way strengths of opponents through scouting or preparation

Almost every coach who responded used the term DISCIPLINED in their definition. Leading to the natural question of "what is disciplined"... rather than turn that into another whole topic let's just use the best source on coaching in, John Wooden, and his definition that discipline is "getting players to do what you want them to do and there are LOTS of ways to do it."

Here are some other thoughts and observations that have been collected and contribute to the end result. These are in no particular order other than the way I pulled them out of the file. I was influenced by the Jay Bilas espn.com article on TOUGHNESS in coming up with a way to present the years of hot dog wrappers and pizza napkin notes.

Well Coached teams are motivated: these teams play with an energy and a visible passion that proves they are engaged in the process that their team and coaches have established. These teams display fight and toughness and you usually cannot tell the score of the game by simply watching the actions and reactions of their players and coaches.

Well Coached teams have good shot selection: these teams have the most shot attempts by their best scorers. Those best players know when to take a shot and what shots should be taken based on time and score. Rarely do you see well coached teams without their best scorers having the ball when it counts.

Well Coached teams have little or no game slippage from practice: these teams are able to execute and they are able to play at a high intensity level. They seem to make things look easy in their execution. Their timing and spacing are usually impeccable and their movements appear rehearsed because they are in practice every single day at game speed. Few missed lay-ups, few mishandled passes, limited turnovers when dribbling all a result of having practiced at game speed.

Well Coached teams players hold the ball when their coach speaks: in viewing a practice when a coach speaks the gym is silent and all eyes are on the speaker. (I personally played for a coach that would glare down a dribbled ball across the gym even if that person were not part of our squad). It's not the actual act of the players holding the balls as much as it is that coach commanding that respect.

Well Coached teams have genuine enthusiasm because they are invested and bought in: we can all tell the difference between genuine and manufactured enthusiasm. Have your game-filmer dedicate an extra camera to your bench one game to see if you really have your team INVESTED... warning warning warning... Be prepared for what you might see on the video...

Well Coached teams don't have to be coached on effort: very rarely do you see the coach of a well coached team spending valuable game (or practice) time convincing their players to play hard, to give effort, to give extra effort. They just do it. Obviously those desires have been instilled at some point and time in the past but there is not one second wasted during a timeout for a well coached team with a coach using time to talk about effort, energy, or enthusiasm.

Well Coached teams players display proper techniques in fundamental areas of the game: inside pivot foot on the catch, triple threat position, butt down on defense, chin on shoulder in post defense, take a charge, dribble with their eyes up, pivot from pressure rather than dribble, make two handed passes, post with a purpose, cut hard off of screens, hold their box out on the FT line, dribble with left hand up left side, use shot fakes, make back door cuts, etc. They LOOK like players.

Well Coached teams have great spacing and timing on offense: regardless of what style of offense a well coached team incorporates they utilize tremendous floor spacing among their players and execute with precision timing. Shot selection is also a component of this attribute.

Well Coached teams don't leave trash in visiting locker rooms, benches, or on the bus: one of the most Well-coached teams I ever saw was at a team camp in Neosho, MO. After each game, their players (without instruction by the way) walked the length of their bench AND their opponents' bench picking up every piece of trash they could find. That stuck with me and two good things came from it in the near future. On that trip home from camp when I got the bus back to the bus shop, I picked up every single piece of trash and put it into a box. At our next team workout, I emptied the box onto the floor of their clean locker room and told them where it came from. I then told them I was going to walk out of the room for 30 seconds and every piece of trash that was still on the floor when I got back would equal one set of dribble pull backs before practice started. (Dribble pull backs were our form of punishment rather than straight running. Start on end line. They get two dribbles forward then one dribble backward until they complete a down and back. Great conditioner/reminder/ball handling all at once). Needless to say they about killed each other picking up the trash in 30 seconds. The 2nd thing is something we still do at our Summer Camps to this very day. During the first break I walk around and drop a piece of trash on the floor near the concession area. I watch until some camper picks it up and throws it away. Before the next session begins, that camper is called up and receives a \$10 gift certificate to the concession stand. The rest of the week campers are fighting with each other to pick up trash around our counselors!!

Well Coached teams execute set actions coming out of timeouts/quarter changes/halftimes: we all have faced those teams who were lethal coming out of situations in which their coach had time to diagram an

action that their players could then come out and execute for a timely basket. This might also be changing a defense to off-set a play that you have expertly drawn up to use. Regardless of the situation, these teams always seem to be able to take what they had practiced and/or talked about onto the floor at a crucial time.

Well Coached teams don't lose their poise/composure others might become distracted: Time/score, home/away, loud gym/silent gym, good refs/bad refs, slick basketball/flat basketball, slick floor/sticky floor, fan shaped backboards/wooden backboards, chain nets/colored nets... didn't matter...well coached teams PLAY

Well Coached teams don't react to calls that go against them or their teams: even in the most crucial of times, well coached players and teams hand the ball to the official and play the next play. There is no wasted time/energy on something that can't be changed anyway. Not to say they play without emotion. It just isn't wasted on a official and a call that didn't go their way.

Well Coached teams utilize drills in practice that emphasize many facets of the game: when you observe a practice of a well coached team their standards of play become obvious through their drills. Drills are either game situation, game speed, or game technique... Sometimes the drill is all three, sometimes just two, but never less than one. There is ZERO wasted time in a well coached team practice or game preparation...Nothing to "fill in" there to reach a desired length. My all time favorite was watching a boys team at a school I coached do ten minutes of 2-line lay-ups before workouts every single day of the season. I then kept count of how many lay-ups their defense created and their offense created on the year... FIVE... So, for over 1000 minutes of practice time, they got FIVE lay-ups... They didn't press, they didn't deny passes in half-court... Does that seem like time well invested? Did I mention they actually missed one of the FIVE?

Well Coached teams move on the air time of passes on defense: it seems like well coached defensive teams have an extra player on the court. They are moving as a unit in constant harmony with effective communication. When the basketball is in the air, all players are on the move and talking about it!!

Well Coached teams use different things in practice to condition than they do to punish/remind: as a result the players understand the importance of being in condition and being reminded. Running does NOT motivate or remind every player. Well coached teams have a coach who takes the time to recognize these areas and remind/punish accordingly.

Well Coached teams have a sharp, crisp pre-game warm-up: the time leading up to tip off is an extension of these teams practices and preparation. They are moving... there is energy... there is enthusiasm... I spoke with several WELL COACHED teams coaches who mentioned they believed a sharp warm up was worth 3-5 points come game time. Another coach said it was a team goal to have the opponents glance down to their end more than once and "wish their warm-ups" were like theirs... I have seen intricate passing drills (many of which we have shared in our Newsletters). I have seen coaches physically out their putting them through a series of defensive slides... I have seen teams diving on the floor in unison to simulate going for loose balls.

Well Coached teams can run 5on0 offense with players going game speed: I was actually written up at one high school for calling this portion of our practice DUMMY OFFENSE, so to this day I try to call it something else... dry offense, 5on0, ghost defense, etc... Regardless of what you call it, most every team has this time dedicated to their practices to go over their SET actions or even their MOTION read/reacts... Well coached teams can do it at GAME SPEED.

Well Coached teams players have positive body language: no poor reactions coming of the court after a substitution, no back talking a coach/teammate/official, no slumping of shoulders on the bench, no looking in stands during a time out, no throwing water bottles/towels/warm-ups at managers... With well coached teams its difficult to tell whether they are winning or losing games without looking at scoreboard.

Well Coached teams have a distinct "language" that they speak: Terminology is consistent from player to

player and coach to coach. Areas of the floor are called the same thing. Screening actions have a vocabulary. Offensive actions are consistent. Consistent use of terminology breeds confidence and as a result performance levels are impacted.

Well Coached teams follow the game in general and respect it's past, present, and future: we can all spot a basketball junkie a mile away by the way they speak about the game. Well Coached players know their opponents by name and/or number, they know the historical significance of their former teams, and they know the history of the game they love to play.

Well Coached teams have players who take care of academics equal to athletics: this isn't saying that every player is straight A, Deans List student. Just that they manage their books as well as their ball.

Well Coached teams make adjustments to what other teams are doing against them: We've all faced those teams who come out of a timeout or halftime with a slight change in their tactics that completely change the momentum of the game and sometime the overall outcome.

Well coached teams display qualities of passion, discipline, selflessness, respect, perspective, courage, leadership, responsibility, resilience, imagination: these qualities come from Bill Bradley's book on Values of the Game. They are all true and each come with many different definitions and application.

Well coached teams have a consistent player rotation that always seems to place each player in a position to contribute effectively: this thought illustrates another favorite quote of "don't take ducks to eagle school"...well coached teams have coaches who have their players in the right spot at the right time more than most. They don't ask a non-shooter to hit a three to win the game. They don't have a non-rebounder in the game on defense to win. They don't have their EAGLES sitting beside them at crunch time

Well coached teams don't foul when the ball is away from scoring area: although this is not a NEVER instance, well coached teams don't repeatedly do this putting teams in bonus earlier in half than necessary and creating foul troubles later on in game.

Well Coached teams give opponents credit when speaking publicly: give the change to speak publicly well coached players tend to give other teams/players credit. They also tend to give specific reasons rather than general topics. This can also be said for the coaches of such teams.

Well Coached teams don't let a poor offensive night effect their defensive effort: regardless of whether the ball is going through the hoop these teams are relentless in keeping it from going through on the other end.

Well Coached teams have coaches with a rapport among parents/fans/administration: Not to say there are not disagreements or isolated situations. But in general, they are managed and never a long lasting distraction that effects play on the court. You have to work at this as much as you work on your offense/defense!!

Well Coached teams display an understanding of time and score: the players on these teams seem to instinctively know when they need to pull the ball up on the break and run some clock or they know to foul on the floor when their team isn't in the bonus to save two points.

Well Coached teams understand the value of each possession: whether it's the first, the 17th, or the 65th possession of a game, well coached teams know the same point value is possible. There are no "bonus" points for scoring on the last possession of the game. Free Throws with 7 minutes to play are of equal value to ones with .07 seconds to play...

If you read through all of those examples, thought about others you have witnessed, and thought to yourself... "I know a well coached team that didn't do any of those things much less all of them"... GOOD FOR YOU!!! Because this has always been my dilemma too... Always bringing me back to the question of "What does WELL COACHED really mean????"

To me the hardest thing about coming up with a philosophy or a definition is that there are so many factors to consider and rarely can you point to one thing being an ABSOLUTE. Maybe it is the scientific thinking background I was born with or my love for court room movie drama's, but I have always been a "prove it to me" type coach. Show me some evidence. Present a case with the evidence. (also explains why A FEW GOOD MEN is my all-time #1 show on my Top 1000 Movies)...

So, I began taking the examples of WELL COACHED one by one to find a well coached team Teams that DID NOT have that particular quality but was still WELL COACHED. For example, our current team has four seniors who have won 4 consecutive A10 titles and I am almost embarrassed sometimes at the lack of intensity it seems we have in pre-game warm-ups. Yet they bring it every single night come tip-off.

The UCONN Huskies who recently just ended a record 90 game winning streak that included back-to-back NCAA Championships and are obviously WELL COACHED, came out of a timeout in a recent game with a short shot clock and didn't recognize in time to get a shot off.

Watching an SEC men's game last night with a coaching screaming to foul on the floor with a three point lead before a player could shoot, I see the team NOT do what he was yelling and the opposing player hits a three to send into overtime at the buzzer. They end up losing by double digits in double OT.

I believe you can find examples of teams everyone would agree are WELL COACHED that rarely, if ever, exhibit certain qualities that we all would agree are indicators of actually being WELL COACHED. So is this a question that has no answer???

Maybe so. Maybe the answer is like Coach Wooden says... A lot of answers.

Who knows, but I can tell you that through the years of thinking about this and observing it, I have been able to find two characteristics that all WELL COACHED teams do have. They may be displayed in different ways. They may be held accountable in different ways. They may be perceived in different ways. But in my eyes all WELL COACHED teams have these two.

- 1) WELL COACHED teams have players who have surrendered to the culture of their program.
- 2) WELL COACHED teams have identifiable standards of excellence on the court.

To me most the things we have already mentioned can be reworded to fit into one of these two categories in some shape form or fashion... but these two things sum it all up the best in my mind.

Players who have surrendered to their culture have let go of the things that make them uncoachable. They have surrendered their personal feelings to put their trust in their teams and their coaches. They have surrendered their defense mechanisms for the betterment of the team. They have surrendered their fear of being uncool in teammates' eyes for being cool in their coaches eyes. They have surrendered their inadequacies to be part of team that has one another's back. They have surrendered the personal time for team time. They have surrendered distracting relationships for healthy relationships. They have surrendered negative thoughts for positive outlooks. They have surrendered the input of family/friends for constructive criticism of coaches/teammates.

Teams who have an immediate identifiable standard of play... it may be toughness, execution, enthusiasm, speed, power, athleticism, tenacity. Teams you know are going to either guard you from the time you get off the bus or have a hand in your face every time you shoot. Teams that are going to share

the ball so well that you can't key on one player. Teams who have players that are listening to their coach even if their eyes or body language might suggest they aren't. Teams with players who are consistent in their swagger. Teams that are going to get the ball into their star's hands so often you can't defend them. Teams who are going to be so prepared that they are calling out actions in your offense the second a coach signals a play call. They can be summed up in a few words on a scouting report but be impossible to defeat come game time. Their standard of play is synonymous with the name on the front of their jersey regardless of whose name is on the back of their jersey. They are who they are every single night.

Those players are Well Coached. Those teams are Well Coached.

I am not trying to convince you to think the way I think or accept my definition. My hope is that you will challenge this definition and maybe even devise your own standard for your players and your team. Because despite whether or not you have a personal desire to be labeled WELL COACHED your players deserve to be. And I don't want this to be a Jerry McGuire "mission statement" that gets me fired at the end of the week!! It's simply an attempt to turn 20 years of note taking into something debatable. So, in learning from the Tom Cruise title character, I am going to sleep on this before I send it out to our Newsletter group. If you receive this, you'll know I decided to give it shot and hope I don't get fired. Who knows maybe someone will finally think of my players as being WELL COACHED.

NOTE: To join Coach Neighbors' newsletter e-mail subscription list free of charge, send him an e-mail requesting to be included at: neighborsm@xavier.edu





PLAY OF THE DAY

Courtesy of Duane Silver (www.coachsilver.com). If you'd like the rest of this play or would like to be one of the thousands on Duane's popular, helpful and free e-mail list, shoot him a message at: duane@coachsilver.com.

1 Billy Gillispie OB Play

04-12-2011



Frame A

5 v-cuts to get open in the corner. 4 screens away for 3 to get open on the right wing area. 1 can inbound to 5 or 3.



Frame B

4 after screening for 3 breaks to the rim.



Frame C

5 passes to 3. 3 will now dribble to the middle of the floor acting like he is going to pass to 1 coming off of 2's screen.



Frame D

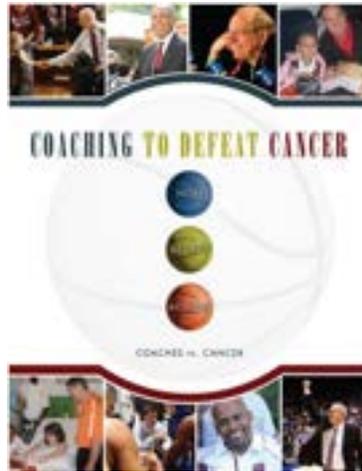
3 now takes a dribble back to his right and passes to 2 coming off of 4 and 5's screens. 3 can pass to 5 slipping the screen if X5 steps out.

General Comments

This is a great ob play run by Billy Gillispie who is now the coach at Texas Tech. Email me for the next part of this ob play if you are interested.

SUGGESTED READING

COACHING TO DEFEAT CANCER



NEW BOOK CHRONICLES BASKETBALL COACHES WHO PROVIDE INSPIRATION IN THE FIGHT AGAINST CANCER

ITHACA, N.Y. — Since the formation of Coaches vs. Cancer in 1993, college basketball coaches have inspired thousands of people in the fight against cancer – both through their efforts to raise funds to fight the disease and increase awareness and education, as well as their actions to successfully battle cancer on a more personal level. Momentum Media, publishers of *Athletic Management* and *Coaching Management* magazines, announces the release of the book entitled *Coaching To Defeat Cancer*, chronicles the success stories of nine basketball coaches who hope to inspire others going through their own cancer journey.

MomentumMedia published *Coaching To Defeat Cancer* with support from Coaches vs. Cancer and the National Association of Basketball Coaches. 30% of the book sales go to Coaches vs. Cancer and the American Cancer Society to assist in the fight against cancer.

The book contains feature articles on the following major college and high school head coaches who have succeeded in their individual battles with cancer, providing inspiration and advice to others along the way: Jim Boeheim of Syracuse University, Dave Rose of Brigham Young University, Cuonzo Martin of the University of Tennessee, Ed DeChellis of Penn State University, Matt Brown of the University of Missouri-Kansas, former University of Missouri head coach Norm Stewart, former Northern State University head coach Don Meyer, Atlanta area high school basketball coach Joe Marelle, and former Lafayette High School (Mo.) head coach Dave Porter.

Coaching To Defeat Cancer also includes perspective from 18 prominent college basketball coaches who have been touched by cancer in some way and have joined efforts to help save lives from the disease, including Duke's Mike Krzyzewski, Michigan State's Tom Izzo, North Carolina's Roy Williams, West Virginia's Bob Huggins, Minnesota's Tubby Smith, Oklahoma's Lon Krueger, and Boston College's Steve Donahue.

"All of the coaches in *Coaching To Defeat Cancer* featured have demonstrated the strength, courage, determination, and faith that can make the difference in winning life's greatest challenges," said MomentumMedia Publisher Mark Goldberg. "The qualities displayed by the basketball coaches featured in the book are attributes that can help people overcome cancer."

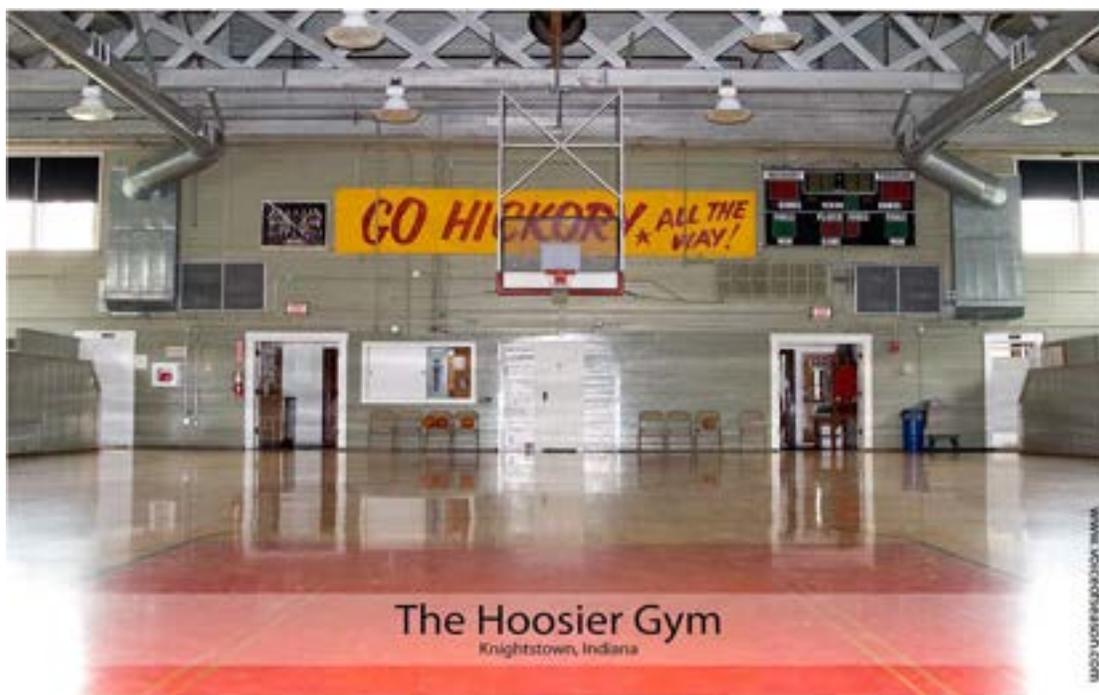
"MomentumMedia has put together a wonderful collection of stories on courage and determination," said Jim Satalin, Director of Coaches vs. Cancer, a nationwide collaboration between the American Cancer Society and the National Association of Basketball Coaches that empowers coaches, their teams, and communities to join the fight against cancer. "We know that coaches have a competitive spirit that equals all others. Now we know that includes their battles off the court, as well as on."

Coaching To Defeat Cancer can be purchased by going to MomentumMedia's myTEAMBOOK Web site (<http://www.myteambook.net>), or by calling 877-422-5548, ext. 10. Large-quantity discounts for purchases of the book are available by calling the MomentumMedia office.

For more information, contact MomentumMedia president Mark Goldberg by phone at (607) 257-6970, ext. 11, or by email at mg@momentummedia.com

WEB-SITE TO BOOKMARK

www.thehoosiergym.com



Take A Trip Back In Time

Not far off U.S. 40, you'll find it. A gymnasium that was built by a community, for a community. For more than 80 years, it's been home to generations of basketball players — standing the test of time. And now, thanks to the movie "Hoosiers," it's a part of our state's history, and a tourist destination for hundreds of sports enthusiasts every year. Inside the gym, visitors are taken back in time to an era of satin shorts and the one-legged set shot. The gym is virtually unchanged from the '50s, allowing visitors to experience the history of Indiana's favorite sport. Today, the Hoosier Gym is used as a community center, and home to youth and adult basketball leagues, concerts, banquets, wedding receptions and special events of all kinds. The Hoosier Gym is the perfect place for small or large groups. For more information or to ask about rental rates, call 800-668-1895. Go ahead and step into the history of Hoosier Hysteria.

Congratulations to the 2011

Mr & Miss Show-Me Basketball Award Winners

Bradley Beal-Chaminade

Shelby Winkleman-Hermann

Congratulations to the 2011

Mr & Miss SOMO Basketball Award Winners

Jacob Saunders-Russellville (Russellville Rowdy Ones)

Barb Hecke-Columbia (Columbia Red Dolphins)

Congratulations to the 2011

Curtis Kerr Memorial

Student-Assistant of the Year Award Winner

Brandon Coleman-Kearney

(nominees: Brittany Copeland-Neosho, Billy Schwarze-Chaminade, Stone Shewmake-Webb City & Andrew Yeakey-Bloomfield)

Congratulations to the 2011

Kevin "Cub" Martin Assistant Coach of the Year

Mary Arnold-Branson

Past Mr. Show-Me Basketball Winners

- 2010-Ricky Krekow-Rock Bridge
- 2009-Michael Dixon, Lee's Summit West
- 2008-Scott Suggs, Washington
- 2007-Connor Teahan, Rockhurst
- 2006-Ben Hansbrough, Poplar Bluff
- 2005-Tyler Hansbrough, Poplar Bluff
- 2004-Drew Richards, Logan-Rogersville
- 2003-Spencer Laurie, Kickapoo
- 2002-Jimmy McKinney, Vashon
- 2001-David Lee, Chaminade
- 2000-Joel Shelton, Vashon
- 1999-Kareem Rush, Pembroke Hill
- 1998-Jaron Rush, Pembroke Hill
- 1997-Larry Hughes, CBC
- 1996-Tate Decker, Webster Groves
- 1995-Ryan Robertson, St. Charles West
- 1994-Monte Hardge, Jefferson City
- 1993-Kelly Thames, Jennings
- 1992-Brian Gavin, Parkway Central
- 1991-Marcus Timmons, Scott County Central
- 1990-Jevon Crudup, Raytown South
- 1989-Chris Heller, Rockhurst
- 1988-Anthony Peeler, Paseo
- 1987-John Cooper, Rockhurst
- 1986-Anthony Bonner, Vashon
- 1985-Monroe Douglass, McKinley

Past Miss Show-Me Basketball Winners

2010-Anne Marie Hartung-Bowling Green
2009-Morgan Johnson, Platte County
2008-Yvonne Anderson, Hickman
2007-Shakara Jones, Howell Central
2006-Mackenzie Stirmlinger, St. Joseph's
2005-Heather Ezell, Kickapoo
2004-Katie Dierdorf, Visitation
2003-Laura Granzo, Kickapoo
2002-Kari Koch, Elsberry
2001-Dionnah Jackson, Parkway West
2000-Terianne Wolford, Nixa
1999-Karensa Barr, West Plains
1998-Lauren Jackson, North Kansas City
1997-April McKinney, Incarnate Word
1996-Niele Ivey, Cor Jesu
1995-Amy Rhea, John F. Hodge
1994-Kristin Folkl, St. Joseph's Academy
1993-Marsha Burton, Marionville
1992-Andrea Siemer, Jackson
1991-Melissa Grider, Marshfield
1990-Melody Howard, Marshfield
1989-Kim Mahn, DeSoto
1988-Rhonda Moore, Hazelwood East
1987-Lisa Sandbothe, Washington
1986-Lori Sandbothe, Washington
1985-Janet Clark, St. Joseph Lafayette

MBCA All-State - Class 5 Boys – 2010-2011

Name	School	Class	Coach
Avery Dingman	Branson	Senior	Randy Bishop
Bradley Beal	Chaminade	Senior	Kelvin Lee
Shaquille Boga	McCluer	Senior	Erwin Claggett
Dantiel Daniels	Holt	Senior	Chuck Williams
Denton Koon	Liberty	Senior	Roger Stirtz
B. J. Young	McCluer North	Senior	Randy Reed
Darion Rackley	Christian Brothers	Senior	Bob McCormack
Ryan Rosburg	Marquette	Junior	Shane Matzen
Trae Anderson	Hazelwood Central	Senior	Josh Martin
Nolan Berry	DeSmet	Sophomore	Kevin Poelker
Tim Huskisson	Willard	Senior	Dusty Killingsworth
Ryan Rippee	Kickapoo	Junior	Dick Rippee
Jalen Norman	Nixa	Sophomore	Jay Osborne
Travis Jorgensen	Rock Bridge	Sophomore	Jim Scanlon
Neil Branham	Troy	Senior	Ryan Meyers
Pat Jones	Rockhurst	Junior	Mark Nusbaum
David Kravish	Lee's Summit North	Senior	Mike Hilbert
Preston Oakes	Winnetonka	Senior	Derek Howard
Chris Nsenki	Park Hill	Senior	David Garrison
Christian Hildebrandt	Park Hill South	Senior	Anthony Perry

RICHARD FAIRCHILD COACH OF THE YEAR

RYAN MEYERS, TROY

MBCA All-State - Class 5 Girls – 2010-2011

Name	School	Class	Coach
Maddie Stock	St. Joseph's Academy	Junior	Julie Matheny
Kelsey Jones	Ft. Zumwalt West	Senior	Monica Tritz
Cherisse Burris	Blue Springs	Senior	Mark Spigarelli
Megan Deines	Glendale	Junior	Renee Temple
Emily Akins	Parkview	Senior	Keri Nichols
Aqua Corpening	Hickman	Senior	Tonya Mirts
Madelynn Mason	Liberty	Senior	Mike Morley
Morgan Stock	St. Joseph's Academy	Junior	Julie Matheny
Kaitlin Joeger	Webb City	Senior	Brad Shorter
Brynn Williamson	Staley	Senior	Melissa Krog-Savaiinaea
Tabby Haney	West Plains	Senior	Scott Womack
Jamesia-Tomesa Price	Blue Springs	Senior	Mark Spigarelli
Bree Fowler	Staley	Senior	Melissa Krog-Savaiinaea
Kyndal Clark	Webb City	Senior	Brad Shorter
Brittany Carter	Incarnate Word Academy	Senior	Dan Rolfes
Sydney Stipanovich	St. Joseph's Academy	Sophomore	Julie Matheny
Taylor Manuel	Incarnate Word Academy	Junior	Dan Rolfes
Andi Haney	West Plains	Sophomore	Scott Womack
Lyndsey Cunningham	Rock Bridge	Junior	Jill Nagel
Annie Armstrong	Kickapoo	Junior	Jim Pendergrass

RICHARD FAIRCHILD COACH OF THE YEAR

DAN ROLFES, INCARNATE WORD ACADEMY

MBCA All-State - Class 4 Boys – 2010-2011

Name	School	Class	Coach
Christian Thomas	Clayton	Senior	Ryan Luhning
Jacob Tolbert	Cape Girardeau Notre Dame	Senior	Kevin Roberts
Alan Flannigan	Dexter	Senior	Rob Nichols
Dorial Green-Beckham	Hillcrest	Junior	John Schaefer
Paul McRoberts	Soldan	Junior	Justin Tatum
R. J. Leverette	Grandview	Senior	Randy Farris
Tim Nelson	St. Joseph Lafayette	Senior	Chris Neff
Ben Reuther	Borgia	Senior	David Neier
Dillon Deck	Smithville	Senior	Chad Jones
Joe Young	Logan-Rogersville	Junior	Rod Gorman
Janeil Hatchett	Sikeston	Senior	Gregg Holifield
Zach Rockers	Helias	Senior	Josh Buffington
Austin Reed	Mexico	Junior	Brennan Scanlon
Maurte Harrison	Lincoln Prep	Senior	Ron Robinson
Travon Williams	University City	Junior	David Gammon
Darryl Howard	Sikeston	Senior	Gregg Holifield
Bryce Dolan	Borgia	Junior	David Neier
Tanner Sutton	Harrisonville	Senior	Todd Mercer
Freddie Manyawu	Platte County	Senior	Rick Hodge
Derreon Parker	Grain Valley	Senior	Andy Herbert

RICHARD FAIRCHILD COACH OF THE YEAR

DAVID NEIER, BORGIA

MBCA All-State - Class 4 Girls – 2010-2011

Morgan Ankrom	Farmington	Senior	Steve McFarland
Allyson Bradshaw	Cape Notre Dame	Senior	Renee Peters
Taylor Johnson	Platte Co	Senior	Chris Stubbs
Jennifer Rocha	St. Dominic	Senior	Suzie Mennemeier
Tierney Seifert	Moberly	Senior	Kristi Douglas
Sydney Catlatt	Smithville	Senior	Trevor Mosby
Kelsey Knox	Platte County	Senior	Chris Stubbs
Olivia Hackman	Jefferson City Helias	Junior	Doug Light
Kinred Wesemann	Pleasant Hill	Sophomore	Jim Underwood
Alexis Edwards	Republic	Junior	Kris Flood
Kyra Ramsey	Republic	Senior	Kris Flood
Lauren Aldredge	Marshfield	Freshmen	Gary Murphy
Jonna Welch	Bolivar	Senior	Darin Archer
Taylor Parham	Hillcrest	Senior	Jeni Hopkins
Ryan Parson	McDonald County	Senior	LaDonna McClain
Brittany Harris	Dexter	Sophomore	Chad Allen
Kelsey Mueller	Eldon	Senior	Tony Pace
Jodie Klott	Borgia	Senior	Stacia Parsell
Kelly Schnieders	St. Dominic	Junior	Suzie Mennemeier
Michelle Auer	Notre Dame	Senior	Megan Brady

RICHARD FAIRCHILD COACH OF THE YEAR

STACIA PARSALL, BORGIA

MBCA All-State - Class 3 Boys – 2010-2011

Name	School	Class	Coach
Keagan Prather	Hamilton-Penney	Senior	Ken Ruffcorn
Mitch Hatten	Cameron	Senior	Kevin Nichols
Conner Wilson	Strafford	Senior	Mike Wilson
Fred Garmon	Kennett	Senior	Jim Vaughan
Brandon Moore	Blair Oaks	Senior	Ryan Fick
Tyler Rusk	Cole Camp	Senior	Tom Ward
Greg Tucker	Charleston	Junior	Danny Farmer
Jerry Carter	Charleston	Senior	Danny Farmer
Scott Kroeger	Elsberry	Junior	Ryan Parker
Dominique Washington	Hogan Prep	Senior	Steve Stitzer
Maurice Mason	Hogan Prep	Junior	Steve Stitzer
Damon Burrow	Dixon	Senior	Steve Phillips
Ben Denbow	Licking	Junior	Ben Glasgow
Grant Wallace	John Burroughs	Senior	Steve Wilcutt
Derek Daniels	Mountain View-Birch Tree	Senior	Rob Brown
Austin Hinkle	Palmyra	Senior	Matt Thomas
Zach Ellis	Whitfield	Senior	Mike Potsou
Martez Harrison	University Academy	Senior	
Cameron Biedscheid	Cardinal Ritter	Junior	Marvin Neal
Tony King	Maplewood-Richmond Heights	Senior	Corey Frazier

RICHARD FAIRCHILD COACH OF THE YEAR

STEVE STITZER, HOGAN PREP ACADEMY

MBCA All-State - Class 3 Girls – 2010-2011

Name	School	Class	Coach
Brittany Harris-Conway	St. James	Junior	Brad Conway
Yelensa Rosada	North Tech	Senior	George Merritt
Kayla Kepler	Fair Grove	Senior	Jenny Talbert
Lee Winter	Pembroke Hill	Senior	Jim McMurray
Jackie Ziesel	Bishop LeBlond	Senior	Wayne Miller
Chayla Rutledge	Stockton	Senior	Richard Driscoll
Jerica Wheeler	Kennett	Senior	Spencer Hoffman
Rachelle Butner	Macon	Senior	Dan Halley
Lauren Little	Hallsville	Junior	Brad Blakemore
Shelby Winkleman	Hermann	Senior	Todd Anderson
Kara Glor	Skyline	Senior	Kevin Cheek
Brittany Yost	South Shelby	Senior	Rose Korte
Lauren McCurry	Pleasant Hope	Senior	Jim Flora
Kenzie Williams	Mount Vernon	Senior	Doug Hepler
Kaitlan Cramer	Stockton	Senior	Richard Driscoll
Lindsay Vollmer	Penney	Senior	David Prather
Taylor Gadbois	Maryville	Senior	Grant Hageman
Liz Gilman	Principia	Junior	Shad Nichols
Lexie Oak	St. Pius X (KC)	Junior	John Coakley
Tylere Goans	California	Senior	Bobby Sangster

RICHARD FAIRCHILD COACH OF THE YEAR

RICHARD DRISCOLL, STOCKTON

MBCA All-State - Class 2 Boys – 2010-2011

Name	School	Class	Coach
Garrett Kelly	Sturgeon	Senior	Greg Buescher
Riley Jenkins	Norwood	Junior	Morris Jenkins
Jordan McGowan	Bernie	Senior	Brad Botsch
Levi Cook	Crane	Senior	Rob Guerin
Blake Seitz	Wellington-Napoleon	Senior	Todd Shannon
Jacob Schuster	Pilot Grove	Senior	Rick Grunden
Justin Jack	Miller	Senior	Scott Brakebill
Kyle Livengood	Tarkio	Senior	Luke Cox
Brent Bush	DeKalb	Junior	Ryan Nichols
Colt Carper	Canton	Senior	Andy Anderson
Jackson Conaway	Viburnum	Junior	Levi Rawson
Eli Fler	New Haven	Senior	Ray Steinhoff
Anthony Senevey	Linn	Senior	Blair Scanlon
Billy Willard	Stoutland	Senior	Lynn Long
Darren Van Gennip	Advance	Senior	Andrew Halford
Austin Wyatt	Salisbury	Sophomore	Kenny Wyatt
Hawken Thieme	Greenwood	Senior	Darren Taylor
Jonathan Crews	Newburg	Senior	Terry Wells
Blane Kelley	Lesterville	Senior	Jason St. Gemme
Cameron Backes	Tipton	Senior	Billy Jeffries

RICHARD FAIRCHILD COACH OF THE YEAR

TODD SHANNON, WELLINGTON-NAPOLEON

MBCA All-State - Class 2 Girls – 2010-2011

Name	School	Class	Coach
Chelsey Kruese	Harrisburg	Junior	Dan Bachmeier
Selena Neal	Senath-Hornersville	Senior	Jamie Johnson
Chelsea Maupin	Neelyville	Seniro	Becky Hale
Tyler Brock	Laquey	Senior	Wesley Shaw
Addy Roller	Purdy	Junior	Grant Young
Shelby White	Purdy	Senior	Grant Young
Alex Hower	Couch	Senior	Cecil Meyer
Lizzie Nessling	Couch	Junior	Cecil Meyer
Lauren Jeager	Clopton	Junior	Larry Lagemann
Emilee Buckler	North Platte	Junior	Karl Matt
Whitney Welker	Meadow Heights	Junior	Mitch Nanney
Taylor Cook	Lesterville	Junior	Melissa St. Gemme
Brandy Uchtman	Fordland	Senior	Kevin McDaris
Amanda Rodenberg	Orrick	Senior	Mitch Comstock
Mikalah Hardcastle	Sparta	Junior	Jerry Songer
Molly O'Brien	Spokane	Senior	Jason Michel
Morgan Vetter	Salisbury	Senior	Jason Haines
Andrea Becker	Greenville	Senior	Diane Meyer
Courtney Hererlie	St. Vincent	Junior	Terry Wengert
Torri Blythe	Maysville	Sophomore	Mike Trussell

RICHARD FAIRCHILD COACH OF THE YEAR

GRANT YOUNG, PURDY

MBCA All-State - Class 1 Boys – 2010-2011

Name	School	Class	Coach
Otto Porter	Scott County Central	Senior	Kenyon Wright
Zach Medley	Dadeville	Senior	Michael Linehan
Clay Crouch	Wheatland	Senior	Brian Patterson
Kameron Cool	Newtown-Harris	Senior	Tim Cool
Stewart Johnson	Scott County Central	Senior	Kenyon Wright
Trey Johnson	Scott County Central	Senior	Kenyon Wright
Birdie Buck	LaPlata	Senior	David Fouch
Taylor Wheeler	LaPlata	Senior	David Fouch
Dakota Webb	Dadeville	Senior	Michael Linehan
Jacob Stoll	Jefferson	Senior	Tim Jermain
Clayton Schieber	Jefferson	Junior	Tim Jermain
Dillion Danforth	Climax Springs	Senior	James Butterfield
Seth Thomas	Chadwick	Senior	Scott Payne
Lance Seiler	Leopold	Senior	Shawn Kinder
Scott Haynes	Summersville	Senior	Brett Reed
C. J. Bolton	Drexel	Sophomore	Denis Bolton
Rick Tate	Meadville	Senior	Darren Smith
Japeth Busick	Newtown-Harris	Senior	Tim Cool
Ryan Kleffer	Richland	Senior	John Walker
Travis Miller	Atlanta	Senior	Jason Daniels

RICHARD FAIRCHILD COACH OF THE YEAR

KENYON WRIGHT, SCOTT COUNTY CENTRAL

MBCA All-State - Class 1 Girls – 2010-2011

Name	School	Class	Coach
Morgan Eye	Montrose	Senior	Scott Ireland
Kendall Hart	Montrose	Junior	Scott Ireland
Jessica Redd	Marion County	Junior	Mike Johnson
Randi L. Plunkett	Marion County	Junior	Mike Johnson
Destini Strensrod	Exeter	Senior	Jason Cole
Chelsey Merrigan	Jefferson	Senior	Tyler Pedersen
Kendle Schieber	Jefferson	Junior	Tyler Pedersen
Sierra Michaelis	North Mercer	Sophomore	Dan Owens
Hannah Harmon	Walnut Grove	Senior	Rory Henry
Tristian Carvasquillo	Verona	Junior	Ryan Yates
Callie Weant	Weaubleau	Senior	Brent Bybee
Heather Harmon	Walnut Grove	Freshman	Rory Henry
Jenna Chadd	Verona	Junior	Ryan Yates
Megan Rosenbohn	Nodaway Holt	Freshman	David Carroll
Kelsey Williams	Eminence	Junior	Jeff Williams
Kayle Herring	Kingsville	Junior	Bob Keily
Taylor Colyott	South Iron	Junior	Curtis Moore
Megan Layman	Hardin Central	Senior	Kenny Layman
Tara Collins	Newtown-Harris	Junior	Ty Bell
Wendy Leas	Climax Springs	Senior	Irene Mauss

RICHARD FAIRCHILD COACH OF THE YEAR

JASON COLE, EXETER

2011 MBCA BOYS ACADEMIC ALL-STATE TEAM

NAME	COACH	SCHOOL
Luke Anderson	Troy Schulte	Archie
Nick Adriano	Bryce Kemper	Mid-Buchanan
Shawn Artz	Jeremy Nicholson	Marion C. Early
Will Basler	Aaron Portell	St. Pius X Festus
Eli Bartley	Tony Brandt	South Callaway
Ryan Bax	Josh Buffington	Helias
Landon Bennett	Nick Kemerling	Savannah
Trent Bergmann	Mike Linehan	Dadeville
Drew Braet	Craig Kennedy	Eureka
Jordan Brennan	Mike Hilbert	Lee's Summit North
Keiffer Buckles	Colby Morris	South Holt
Andrew Bumgarner	Shawn Poyser	Sparta
Joe Campbell	Steve Fowler	Campbell
Will Childs-Klein	Chad Anderson	Ladue
Landon Cleary	Craig Kennedy	Eureka
Brett Clement	Randy Florence	Wentworth Military Academy
Justin Conover	Dan Street	Pattonsburg
Scott Conover	Dan Street	Pattonsburg
Brandon Cozine	Doug Freemyer	South Nodaway
Caleb Day	Matt Guethle	Northwest
Nicolas J. Deason	Fred Turner	Oak Park
Justin Derks	Justin Pearl	King City
Seth Douglas	Kyle Paulson	Lebanon
Anthony Draisey	Brad Oestreich	Raytown South
Garrett Easson	Ryan Odaffer	Carl Junction
Jon Eftink	Dustin Hicks	Bloomfield
Alex Everhart	Heath Heckadon	Crest Ridge
Alan Flannigan	Rob Nichols	Dexter
Darien Fouts	Steve Waigand	South Holt
Chris Friederich	Steve Hunter	Ozark
Wilson Gaschler	Andy Herbert	Grain Valley
Jordan Gieselman	Joshua Payne	Concordia
Jared Haenni	Jason Wolfard	Lindbergh
Andrew Hagni	Mark Miller	Rolla
Zak Haverly	Paul Fletcher	Green Ridge
Sam Hill	John Ross	SLUH
Tyler Hinshaw	Scott Brakebill	Miller

Seth Huffhines	Brad Smith	Lawson
Taylor James	Mike Mallow	Willow Springs
Paden John	Scott Humphrey	Westran
Josh Kneff	Aaron Portell	St. Pius X Festus
Brayton Klaus	Sam Sides	Saxony Lutheran
Denton Koon	Roger Stirtz	Liberty
Allen Koontz	Mark McLaughlin	Madison
Colby Kraus	Rick Grunden	Pilot Grove
David Kravish	Mike Hilbert	Lee's Summit North
Chris Lamprecht	Aaron Portell	St. Pius X Festus
Jordan Lewis	Roger Stirtz	Liberty
Parker Liabraaten	Larry Brown	Spokane
Seth Martin	Chris Kennedy	Hollister
Zach McDowell	Darrin Scott	Jackson
Blake Meers	David Meers	Christian High School
Caleb Mitchell	Kevin Jermain	East Buchanan
Mitchell F.		
Montaldo	Chad Anderson	Ladue
Regan Mudd	Brennan Scanlon	Mexico
Ethan Niehaus	Robert Brown	Liberty-Mountain View
Matt O'Brien	Fred Turner	Oak Park
Zak Otten	John Ross	SLUH
Nicholas Palmer	Anthony Kinder	Festus
Drake Patterson	Jimmy Cain	Blue Springs South
Austin Peirick	Ray Steinhoff	New Haven
Andrew Pisechko	David Sherer	Webb City
Zack Ploeger	Shane Matzen	Marquette
Dylon Register	Todd Shannon	Wellington-Napoleon
Zachary Rockers	Josh Buffington	Helias
	Mark	
Corey Rogers	Dannenmueller	Scott City
Benjamin Ruether	David Neier	Borgia
Luke Rumping	Aaron Portell	St. Pius X Festus
Daniel Safarik	Monte Pitsch	St. Paul Lutheran
Collin Schlosser	Ryan Shaw	Potosi
Kendal Shell	Jay Blossom	Webster Groves
Steffen Simmons	Andy Anderson	Canton
Jordan Sinclair	Anthony Kinder	Festus
Noah Smithmier	Chad Lang	Excelsior Springs
Austin Springer	Kenny Wyatt	Salisbury
Caleb Sutton	Mike Key	Aracadia Valley
Tanner Sutton	Todd Mercer	Harrisonville
Alex Thrasher	Josh Klusmeyer	North Shelby

Adam Tilley	Kevin Schnicker	Sedalia Smith-Cotton
Paul Trenhaile	Matt Pugh	Hannibal
Jake Tweet	Wade Bouslog	Duchesne
Daniel Vernon	Keith Miller	Lee's Summit
Justin VonAllmen	Rick Luna	Dora
Bryson Waibel	Bobby Gillespie	Lincoln
Dakota Webb	Mike Linehan	Dadeville
Delk Webb	Duane Stuermann	Orchard Farm
Kurt Wemhoener	Kevin Poelker	DeSmet
Joseph Weimer	Kenny Wyatt	Salisbury
Kagean Wilkey	Ben Ponce	Neosho
Colby Willer	Brennan Scanlon	Mexico
Conner Wilson	Mike Wilson	Strafford
Sam Wilson	Aaron Portell	St. Pius X Festus
Jake Woltering	Wade Bouslog	Duchesne
Jordan Zacny	Chad Lang	Excelsior Springs
Alec Zimmer	Randy Bishop	Branson
Nick Zink	Steve Scholfield	Iberia

2011 MBCA GIRLS ACADEMIC ALL-STATE TEAM

NAME	COACH	SCHOOL
Emily Akins	Keri Nichols	Parkview
Rachel Bartels	Randall White	Delta
Natalie Bauwens	Vicki Lohmann	Perryville
Amanda Brenneke	Shane Meyer	Jefferson City
Alexandra Brown	Spencer Hoffman	Kennett
Sophie Calcaterra	Julie Matheny	St. Joseph's Academy
Tori Cantrell	Cori Elms	East Buchanan
Emily Cline	Renee Temple	Glendale
Leslie Coons	Aaron Neeser	Park Hill
Lindsey Cornelius	Brad Batchelder	Archie
Tiffany Cox	Tom Hotsenpiller	Clinton
Leslie DeGonia	Aaron Bosch	Oakville
Taylor Dinyer	Brad Blakemore	Hallsville
Paige Dye	Chris Willingham	Paris
Danielle Epperson	Mark Sanders	Mark Twain
Rachel Etzler	Michael Hann	Centralia
Claire Fick	Dustin Hays	Fatima
Carlie Fitzpatrick	Bill Carter	Thomas Jefferson Independent
Kate Frazier	Renee Temple	Glendale
Jordan Gray	David Drake	Norwood
Katie Harold	Renee Temple	Glendale

Jenni Hartzler	Herb Webster	Kearney
Amanda Held	Aaron Portell	St. Pius X Festus
Nikki Hinkebein	Julie Matheny	St. Joseph's Academy
Katie Hoener	Thomas Williams	Parkway South
Kayla Kendrick	Mark Rorvig	Harrisonville
Kelly Kern	Kelli Swearingen	South Harrison
Julie Kernen	Aaron Bosch	Oakville
Andrea Klipsch	Bill Thoele	Lindbergh
Courtney Taylor Knuckles	Kirk Chronister	Poplar Bluff
Nora Kueny	Charlie Pentecost	Lebanon
Katie LaRue	Levi Rawson	Viburnum
Emily Loethen	Dustin Larsen	Springfield Catholic
Emily Love	Barb Woodruff	Warrenton
Tori Magaletta	Julie Matheny	St. Joseph's Academy
Alison Magruder	Brian Guilfoyle	Parkway Central
Kelly Malcolm	Michael Cohron	Knob Noster
Allison Marshall	Jill Nagel	Rock Bridge
Megan Marshall	Jill Nagel	Rock Bridge
Katlyn Meier	Mick Byrd	Vienna
Melissa Menchella	James Alsup	Eureka
Chelsey Merrigan	Tyler Pederson	Jefferson
Rena Morgan	Wes Roberts	Dora
Erin Neier	Jolene Smith	Union
Elizabeth Nogalski	Jane Ellen Kuenzle	Villa Duchesne
Taylor Payne	Jill Nagel	Rock Bridge
Carli Penrod	David Sawyers	Conway
Elizabeth Radcliff	Craig Pederson	Louisiana
Erin Reynolds	Patti Perkins	Webster Groves
Laura Rhodes	Mark Vogt	Ste. Genevieve
Carissa Richardson	Jason Merkel	Sullivan
Margaret Riley	John Neff	Cor Jesu Academy
Paige Riley	Scott Womack	West Plains
Molly Robb	Keri Nichols	Parkview
Kate Ruppe	Julie Matheny	St. Joseph's Academy
Julie Scheer	Dave Luecke	New Haven
Kirsten Smethers	Kip Bough	Branson
Lauren Snobl	Brittany Matlock	Waynesville
Paige Steinhoff	Robin Steinhoff	Orchard Farm
Sam Stirmlinger	Julie Matheny	St. Joseph's Academy
Katie Thomas	Stacia Parsell	Borgia
Laura Szczepanik	John Blankenship	College Heights Christian
Allison Wagoner	Katie Woolsey	Crest Ridge
Kaile Weinreis	Brent Milleson	Ash Grove

Dawn Weir
Kyra Williams
Stephanie Williams
Mary Lee Winter

Lisa Glenn
Michael Cohron
D.J. Gutscher
James McMurray

Lawson
Knob Noster
Willow Springs
The Pembroke Hill School

